

## ELSELIJN KINGMA

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### CURRENT POSITION

Post Doctoral Fellow, Department of Bioethics, Clinical Center, National Institutes of Health (USA).

### AREAS OF SPECIALISATION

Philosophy of Medicine, Bioethics.

### AREAS OF COMPETENCE

Philosophy of Science, Philosophy of Mind.

### EDUCATION

- 2005- 2008    PhD, History and Philosophy of Science, Cambridge University (UK).  
Dissertation: "Health and Disease – defining our concepts".  
Supervisor: Dr Tim Lewens. Advisors: Prof Peter Lipton & Prof Martin Kusch.  
Examiners: Dr Steven John & Prof John Dupré.
- 2004-2005    MPhil (1<sup>st</sup> Class), History and Philosophy of Science, Cambridge University (UK).  
Dissertation: "What's in a Name? Rigidity, Redubbing and the a Priori".  
Supervisor: Prof Peter Lipton.
- 2001-2004    MSc (Cum Laude), Cognitive & Neuropsychology, Leiden University (NL).  
1999-2004    MSc, Clinical Medicine, Leiden University (NL).  
Dissertation: "Psychopathology & Behavioural Problems in Huntington's Disease".  
Supervisors: Prof Rose C. van der Mast & Prof Huub A.M. Middelkoop.

### PUBLICATIONS

#### *Philosophy*

Kingma, E. (2007) 'What is it to be healthy?' *Analysis*; 67, 128-133.

#### *History*

Stewart, P. & Kingma, E. (2006) The Virginal Body: an instrument of seduction? In: Timmerman, A., Jardine, N., & Banham, D. (eds.) *The Body as Instrument*. Whipple Museum of the History of Science.

#### *Medicine*

- van Duijn, E., Kingma, E.M., Timman, R., Zitman, F.G., Tibben, A., Roos, R.A.C. & van der Mast, R.C. (2008) 'Cross-Sectional Study of Prevalences of Psychiatric Disorders in Mutation Carriers of Huntington's Disease Compared With Mutation-Negative First-Degree Relatives' *Journal of Clinical Psychiatry*; published online ahead of print.
- Kingma, E.M., van Duijn, E., Timman, R., van der Mast, R.C. & Roos, R.A.C. (2008) 'Behavioural Problems in Huntington's Disease using the Problem Behaviours Assessment' *General Hospital Psychiatry*; 30, 155-61.
- van Duijn, E., Kingma, E.M. & van der Mast, R.C. (2007) 'Psychopathology in verified Huntington's disease gene carriers' *Journal of Neuropsychiatry and Clinical Neurosciences*; 19, 441-448.
- Montagne, B., Kessels, P.C., Kammers, M.P.M., Kingma, E., Haan, E.H.F. de, Roos, R.A.C. & Middelkoop, H.A.M. (2006) 'Perception of emotional facial expressions at different intensities in early-symptomatic Huntington's Disease' *European Neurology*; 55, 151-154.



## ABSTRACT OF PHD THESIS: 'HEALTH AND DISEASE - DEFINING OUR CONCEPTS'

It is often assumed that the concepts of health and disease mark salient ethical boundaries. For example, they entitle people to treatment and social benefits, justify interventions and mark the difference between treatment and enhancement. The applicability of these concepts to practical concerns has led many philosophers to define health and disease.

This thesis investigates accounts of health and disease. Such accounts are commonly grouped into two opposing positions: *naturalism* and *normativism*. Naturalists define disease as biological dysfunction and claim that health and disease are value-free. Normativists dispute this claim and place our evaluations – whether a condition is good or bad for us – at the heart of their definitions.

I argue that naturalist accounts of disease cannot support the naturalistic claim; even the best naturalistic account of health, the Bio-Statistical Theory, is not value-free. But this does not commit us to normativism; I argue that the division between naturalism and normativism is unhelpful, and naturalism and normativism need not exclude each other. I advocate a third approach, *social constructivism*, that can reconcile the best elements of both naturalism and normativism.

In my examination of naturalism I introduce a distinction between *medical* (quantitative) function and *biological* (qualitative) function. I argue that only the former can adequately support an account of health and disease. After examining the literature on biological function, I demonstrate that no account of biological function is able to define *medical* dysfunction. Hence accounts of dysfunction cannot support naturalistic account of disease. This has consequences for the philosophy of biology as well as the philosophy of medicine.

I demonstrate normativism to be a heterogeneous bundle of positions that have little in common other than a universal rejection of disease-as-dysfunction accounts. A critical examination of normativist arguments demonstrate that they neither warrant a rejection of disease-as-dysfunction, nor support the normativist accounts on offer. I therefore draw a distinction between normativist *claims* – claims that health and disease are embedded in social- and value-systems – and normativist *accounts*. Normativist claims should be accepted, but normativist accounts should be rejected.

The third, *social constructivist*, approach to the analysis of health and disease that I propose combines elements of naturalism and normativism and gives a better analysis of the relationship between health, treatment, and value than normativism. According to social constructivism, our concepts have been shaped historically, and are intimately connected with social practices and institutions. I spell out a moderate version of social constructivism, and demonstrate that it can be placed within the analytic philosophical tradition.

My analysis has several implications. First, the literature on health and disease should be restructured: naturalism and normativism are not always in opposition, and a distinction must be made between naturalist and normativist *claims* and *accounts*. Second, our concepts of health and disease are not the easy arbiters of ethical disputes that they are sometimes purported to be. This is because our decisions, actions and concepts interact with each other and the structure of our society. No analysis of the one can therefore give a direct answer to questions about the other, and an analysis of health and disease can not be expected to give us all the answers we seek.