



COMMUNITY-BASED RESEARCH WITH LGBTQ  
POPULATIONS: SHARING EXPERIENCE  
*HÉCTOR TORRES, PSY.D.*

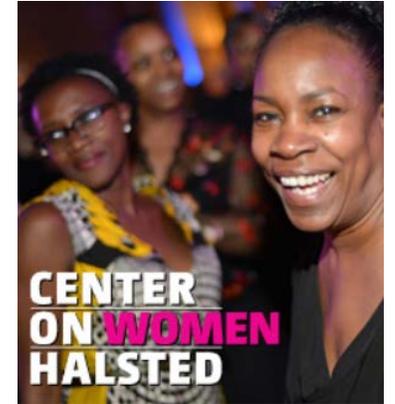
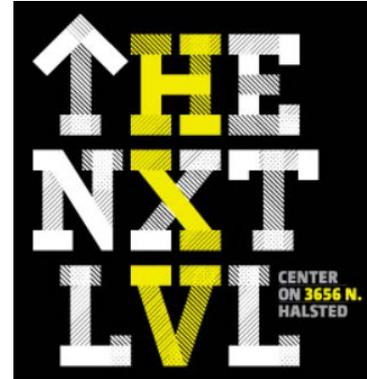
**CENTER**  
**ON 3656 N.**  
**HALSTED**

# CENTER ON HALSTED

Established in 1973

The largest and most comprehensive LGBTQ center in the Midwest.

Serving the ever-evolving needs of the LGBTQ community, including a newly opened senior housing complex, comprehensive HIV testing program and state-wide HIV/STD hotline, legal services, behavioral health services, job training, domestic violence prevention services, and programming for women, seniors, youth, and transgender individuals.



# COLLABORATIVE HISTORY

**Informal Collaboration:** Recruitment for KIU! study

**May 2011:** IMPACT began conducting research studies at Center Halsted as a resident partner

- Initial needs assessment
- Re-engaged Research Review Board

**October 2012:** First LGBTQ Health Conference held

**July 2013:** Nation's first clinical internship track in LGBT health launches at IMPACT and COH

**December 2014:** Construction of new bio-behavioral research at Center on Halsted



# GOLDEN RULE OF COLLABORATIVE COMMUNITY-BASE RESEARCH

- Respect
- Relationship
- Reciprocity

**Beneficence: Equity, Mutual Legitimacy**

**Justice: Investment**

(Kirkness & Barnhardt, 1991)

# CHALLENGES



- Time involved
- Everyone is busy!
- Different communication styles
- Defensiveness towards the academic world
- Possibility of overtaxing clients or them feeling “used”.
- May challenge efforts to create community
- Limited involvement in the community

# OPPORTUNITIES

- ❑ The possibility to offer a good opportunity/service
- ❑ Capacity building
- ❑ Mutual learning
- ❑ Forward thinking
- ❑ Contributing to future solutions that are relevant

# KEYS TO SUCCESS

- Reciprocal relationship
- Mutual respect
- Shared values
- Belonging
- Openness to innovation and learning
- Strong credibility
- Competency
- Integrity of our work



# ANNUAL LGBTQ HEALTH AND WELLNESS CONFERENCE



Fostering application of emerging research into practice

Attended by up to 180 clinicians, researchers, students, and community members

Nationally renowned speakers from CDC and NIH

Continuing education units, student research awards, networking opportunities

This year's keynote will be Gregorio Millett, MPH, vice President and Director, Public Policy, amfAR



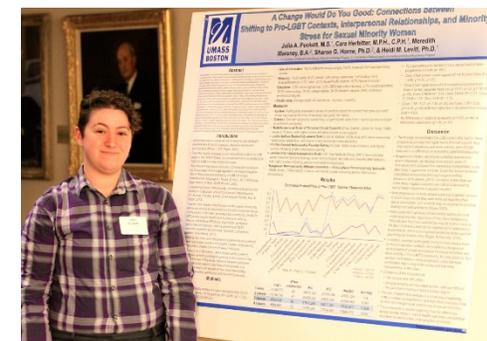
# PSYCHOLOGY INTERNSHIP IN LGBTQ HEALTH

**1<sup>st</sup> clinical psychology internship track focused on LGBT health in the United States**

Training sites at COH and the IMPACT Program

The internship offers (1) integrated training in mental healthcare for LGBTQ clients in a community setting, (2) consultation and liaison services focused on gay and bisexual men living with HIV/AIDS in an infectious disease clinic, and (3) LGBT public health research and services.

Funded by HRSA, through the McGaw Medical Center at Northwestern University



# SPECIFICS ABOUT THE LGBTQ COMMUNITIES

- ❑ Homogeneity
- ❑ Oppression (External and Internal)
- ❑ Acculturation and Internalization
- ❑ Binary, Invisibility and Sensitivity

**CENTER**  

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**HTORRES@CENTERONHALSTED.ORG**